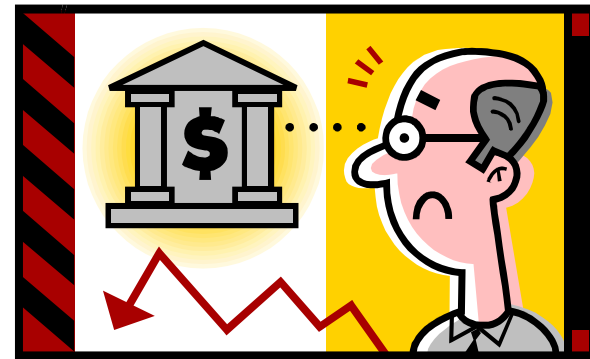


**SERMON NOTES SERIES**

**PERSONAL BIBLE STUDY NOTES**

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# **WHY WORRY?**



**DR. JOHN PELIZZARI, PH.D.  
SENIOR PASTOR**

Hi,

Over the years I have had numerous people ask me for a copy of my sermon notes for their own personal Bible studies. I am glad to be able to present them to you. You have in your hands an exact copy of my sermon notes for your very own personal studies. I pray that as you study the Word, that the Holy Spirit will add even more than what you have before you. Put yourself there in what you are studying. What were they feeling, what were they facing...make the Word come alive by placing yourself there.

I am also including a list of the resources that I use to obtain my information, but I will say this, without the Holy Spirit guiding and teaching you under the anointing all you have is just a bunch of books. I always pray before, during, and upon deliverance of each message I receive. I pray that...***you might be filled with the knowledge of His will in all wisdom and spiritual understanding (Colossians 1:9).*** I am both honored and blessed that you have selected a Sermon Notes Series and I pray that it will be a blessing to you!

With Much Love,  
Pastor John

## RESOURCES USED

- \* The Companion Bible
- \* Dake's Annotated Reference Bible
- \* Young's Analytical Concordance To The Bible
- \* A Dictionary Of Bible Types
- \* Vine's Expository Dictionary Of New Testament Words
- \* The American College Dictionary
- \* World's Bible Handbook
- \* The Zondervan Pictorial Bible Dictionary
- \* Nelson's Three- in- One Bible Reference Companion
- \* The Word -The Bible In 26 Translations
- \* God's Plan For Man
- \* Harper's Encyclopedia Of Bible Life
- \* Nelson's Expository Dictionary Of The Old Testament
- \* Manners And Customs From the Bible
- \* What The Bible Is All About
- \* Halley's Bible Handbook

*These are just a small listing of the study aides that I use. The greatest study aide available is letting the Holy Spirit be your teacher. May you get to know Him!*

Words translated from the Gk = Greek and Hb=Hebrew.

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## OUR VISION

“My people are destroyed for a lack of knowledge;”

*Hosea 4:6*

“For as he thinketh in his heart, so is he:”

*Proverbs 23:7*

“...and to desire that ye might be filled with the knowledge of His will in all wisdom and spiritual understanding;”

*Colossians 1:9*

“Through wisdom is an house builded; and by understanding it is established: and by knowledge shall the chambers be filled with all precious and pleasant riches. A wise man is strong; yea, a man of knowledge increaseth strength.”

*Proverbs 24:3-5*

“And the Gospel must first be published among all nations.”

*Mark 13:10*

As the Scriptures speak for themselves, our vision is to empower Believers everywhere to live a victorious abundant lifestyle that can be obtained through wisdom and understanding. If you are willing to change the way you think, you can change the way you live. A renewed mind towards the Word of God established you firmly in the faith and opens the door for the blessings and benefits of God to become evident in your life.

Because We Believe In You,  
*John and Karen Pelizzari*

## Why Worry?

**Galatians 3:1** **O foolish Galatians, who hath bewitched you, that ye should not obey the truth, before whose eyes Jesus Christ hath been evidently set forth, crucified among you?**

1. Here we see a church body that started out spiritually strong, but somehow ended up walking in the flesh.
  - a. What does it mean to walk in the flesh?
2. It means that you make judgments and decisions based on how things look, how you feel about them or by what conclusions you can draw up based upon the information that you have or do not have.
3. These people stopped obeying the truth because they forgot why Jesus was crucified.

**Galatians 3:2-3** **[2] This only would I learn of you, Received ye the Spirit by the works of the law, or by the hearing of faith? [3] Are ye so foolish? having begun in the Spirit, are ye now made perfect by the flesh?**

4. They had forgotten how to walk in the spirit and started walking by their senses. Why?

**Galatians 3:4** Have ye suffered so many things in vain? if it be yet in vain.

5. They had gone through so much that they stopped trusting God and started to think more than simply believe and they took matters into their own hands instead of trusting Him.

**Galatians 3:1-4 (MSG)** [1] You crazy Galatians! Did someone put a hex on you? Have you taken leave of your senses? Something crazy has happened, for it's obvious that you no longer have the crucified Jesus in clear focus in your lives. His sacrifice on the Cross was certainly set before you clearly enough. [2] Let me put this question to you: How did your new life begin? Was it by working your heads off to please God? Or was it by responding to God's Message to you? [3] Are you going to continue this craziness? For only crazy people would think they could complete by their own efforts what was begun by God. If you weren't smart enough or strong enough to begin it, how do you

suppose you could perfect it? [4] Did you go through this whole painful learning process for nothing? It is not yet a total loss, but it certainly will be if you keep this up!

6. So they are called foolish. Why?

**Psalm 14:1** The fool hath said in his heart, There is no God. They are corrupt, they have done abominable works, there is none that doeth good.

**Psalm 14:1 (MSG)** Bilious and bloated, they gas, "God is gone." Their words are poison gas, fouling the air; they poison Rivers and skies; thistles are their cash crop.

7. Only a fool would believe that God is gone, departed to the other side of the universe, too busy to take care of us.
8. How does a person start out spiritually strong and end up physically and emotionally defeated?

**1 Timothy 1:18** This charge I commit unto thee, son Timothy, according to the prophecies which went before on thee, that thou by them mightest war a good warfare;

9. First, most people forget the prophecies which went before them.
  - a. Prophecies going before you means that the Word has already paved your way.
10. Prophecies in this case would mean either a personal word of prophecy or a verse of scripture that you were standing on when your storm started.
11. So if you didn't get a personal prophecy, then you should speak the bible promise that you are standing on as your prophecy.
12. Notice, with that Word, you are going to war.
13. See, it all boils down to a "word war."
  - a. Whose word are you going to believe?
  - b. The Word of the Lord.
  - c. The word of satan, where all will end up in doom, loss, closure, death and destruction.
14. The words that you hear and repeat the most are where you are going to gravitate to.

**2 Chronicles 20:20** .....**Believe in the Lord your God, so shall ye be established; believe his prophets, so shall ye prosper.**

**2 Chronicles 20:20 (NLT)**

**.....Believe in the Lord your God, and you will be able to stand firm. Believe in his prophets, and you will succeed."**

15. Your success or failure is tied to the "prophecy" that you believe in the most.
  - a. Sadly, most people are still living the prophecies spoken over them by heathens and unbelievers as they were growing up.
  - b. ...you'll never amount to anything.
  - c. ...there must be something wrong with you.
16. Now, let's look at what happens when you abandon your prophecy.

**1 Timothy 1:19**  **Holding faith, and a good conscience; which some having put away concerning faith have made shipwreck:**

17. One can end up shipwrecked. What are the most common ways a shipwreck occurs?
  - a. You either run aground.
  - b. You lose it in a storm.

- c. You take on water.
  - d. All of these represent circumstances that are beyond your control.
18. Two things are involved in maintaining oneself when things are beyond our control:
- #1. **Holding faith** - that involves your spirit man.
  - #2. **Good conscience** - which involves your soul.
19. Notice that some people “**put away**” their “**holding faith**” and “**good conscience**.”
20. How does one stop “**holding faith**?”

**Mark 4:18-19** [18] **And these are they which are sown among thorns; such as hear the word, [19] And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.**

**Mark 4:18-19 (MSG)** [18] **"The seed cast in the weeds represents the ones who hear the kingdom news [19] but are overwhelmed with worries about all the things they have to do and all the things they want to get. The stress strangles**

**what they heard, and nothing comes of it.**

21. You let go of your faith when you allow the stress to enter in.
- a. What is stress?
22. It is the pressure or tension caused by a state of mental or emotional strain. The absence of rest.
- a. Meaning...

**2 Corinthians 10:5** **Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;**

23. Your brain beat up your spirit. You strained your brain into trying to find a solution, and when it could not play God and find a way where there is no way, stress took over.
24. Now, How does one stop having a “**good conscience**?”

**Romans 9:1** **I say the truth in Christ, I lie not, my conscience also bearing me witness in the Holy Ghost,**

25. Your conscience, your soul no longer “bears witness” with the Holy Ghost because you are focusing too hard on the facts of the matter instead of the truth over your matters.

- a. Facts will change but truth will remain.

**Romans 9:1 (NLT) In the presence of Christ, I speak with utter truthfulness—I do not lie—and my conscience and the Holy Spirit confirm that what I am saying is true.**

26. See, now your confirmation is based upon what it looks like to you, what they said or how you feel about it.

- a. All of these things attributed to a person becoming shipwrecked.
- b. You started letting the voices of your circumstances speak louder to you than the voice of the Lord regarding your circumstances.
- c. That caused you to become “bewitched.”
- d. That shifted you from starting out strong spiritually, but struggling physically and emotionally

27. Now you’re trying to fulfill God’s Word your way.

**Galatians 3:5-6**

**[5] He therefore that ministereth to you the Spirit, and worketh miracles among you, doeth he it by the works of the law, or by the hearing of faith? [6] Even as Abraham believed God, and it was accounted to him for righteousness.**

28. God who gave you the Holy Spirit and still works miracles does not want you to go under the law by trying to work at it, but to be like Abraham and simply believe.

- a. Working at it opens you up for the curse.

**Galatians 3:13 Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree:**

29. We forget that when Jesus was on the cross, He rescued us from anything and everything that we would ever face in life.

- a. That’s what happened to these Galatians.

- b. They forgot what Jesus did on the cross.

30. Some of you have forgotten what Jesus did on the cross for you!

31. On the cross:

- a. He bought you with His blood so you would have value.
- b. He poured out His blood so you would be sin free.
- c. His sacrifice allows you to receive His best.
- d. He made your impossibilities possible.
- e. He defeated death so you could live.
- f. He defeated your enemies so you would win.
- g. He defeated poverty so that you could be rich.
- h. He defeated sickness so you could be healthy.
- i. He took a crown of thorns so you could have peace of mind.
- j. He gave you light while you lived in darkness and thought it was alright.
- k. He moved your mountains so when you encounter them, you tell them to move.

32. Why did Jesus redeem us from the curse?

**Galatians 3:14** That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith.

33. Two reasons are listed here:

#1. **That the blessing of Abraham might come on the Gentiles through Jesus Christ.**

#2. **That we might receive the promise of the Spirit through faith.**

34. The blessings of Abraham include many things including wealth and prosperity.

35. But, we are also promised the Holy Ghost as part of Abraham's blessing. How/why?

36. We can have the Holy Ghost if we simply believe, like Abraham.

37. But what does that have to do with starting out strong spiritually and end up a wreck physically and emotionally?

**Galatians 3:1** O foolish Galatians, who hath bewitched you, that ye should not obey the truth, before whose eyes Jesus Christ hath been evidently set forth, crucified among you?

38. Outside issues cause us not to obey the truth.

a. So we have the Holy Ghost...what for?

**John 16:13** Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not

**speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come.**

39. The Spirit of truth will guide us into truth. What for?

**John 8:32      And ye shall know the truth, and the truth shall make you free.**

40. When you know the truth concerning the storms that you face, the facts of the matter cannot steal your joy because you are free from their influences.

Altar Call :

**1 Peter 5:7      Casting all your care upon him; for he careth for you.**

**1 Peter 5:7 (NLT)      Give all your worries and cares to God, for he cares about what happens to you.**

**E N D**