

SERMON NOTES SERIES
PERSONAL BIBLE STUDY NOTES

**REST IN
PEACE**



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Hi,

Over the years I have had numerous people ask me for a copy of my sermon notes for their own personal Bible studies. I am glad to be able to present them to you. You have in your hands an exact copy of my sermon notes for your very own personal studies. I pray that as you study the Word, that the Holy Spirit will add even more than what you have before you. Put yourself there in what you are studying. What were they feeling, what were they facing...make the Word come alive by placing yourself there.

I am also including a list of the resources that I use to obtain my information, but I will say this, without the Holy Spirit guiding and teaching you under the anointing all you have is just a bunch of books. I always pray before, during, and upon deliverance of each message I receive. I pray that...***you might be filled with the knowledge of His will in all wisdom and spiritual understanding (Colossians 1:9).*** I am both honored and blessed that you have selected a Sermon Notes Series and I pray that it will be a blessing to you!

With Much Love,
Pastor John

RESOURCES USED

- * The Companion Bible
- * Dake's Annotated Reference Bible
- * Young's Analytical Concordance To The Bible
- * A Dictionary Of Bible Types
- * Vine's Expository Dictionary Of New Testament Words
- * The American College Dictionary
- * World's Bible Handbook
- * The Zondervan Pictorial Bible Dictionary
- * Nelson's Three- in- One Bible Reference Companion
- * The Word -The Bible In 26 Translations
- * God's Plan For Man
- * Harper's Encyclopedia Of Bible Life
- * Nelson's Expository Dictionary Of The Old Testament
- * Manners And Customs From the Bible
- * What The Bible Is All About
- * Halley's Bible Handbook

These are just a small listing of the study aides that I use. The greatest study aide available is letting the Holy Spirit be your teacher. May you get to know Him!

Words translated from the Gk = Greek and Hb=Hebrew.

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OUR VISION

“My people are destroyed for a lack of knowledge;”

Hosea 4:6

“For as he thinketh in his heart, so is he:”

Proverbs 23:7

“...and to desire that ye might be filled with the knowledge of His will in all wisdom and spiritual understanding;”

Colossians 1:9

“Through wisdom is an house builded; and by understanding it is established: and by knowledge shall the chambers be filled with all precious and pleasant riches. A wise man is strong; yea, a man of knowledge increaseth strength.”

Proverbs 24:3-5

“And the Gospel must first be published among all nations.”

Mark 13:10

As the Scriptures speak for themselves, our vision is to empower Believers everywhere to live a victorious abundant lifestyle that can be obtained through wisdom and understanding. If you are willing to change the way you think, you can change the way you live. A renewed mind towards the Word of God established you firmly in the faith and opens the door for the blessings and benefits of God to become evident in your life.

Because We Believe In You,
John and Karen Pelizzari

REST IN PEACE

John 13:17 **If ye know these things, happy are ye if ye do them.**

1. Jesus just finished washing the disciples feet when He makes this statement.
2. The point He is trying to make has nothing to do with washing one another's feet, but serving others who are in need and serving those who are the least, or the person you wouldn't think twice about...the person you feel doesn't deserve your time, effort and resources.
3. So we see that happiness is a byproduct of obeying God.
4. A lot of people are not happy these days because they have allowed the pressures of this world to get to them.
 - a. Marriages are falling apart because husbands and wives are not obeying God but pressuring one another to be their source of happiness.
 - b. And the dumb thing about it is that each is waiting for the other one to make the first move.
 - c. And yet, both know what to do.

5. Usually, when something begins to fall apart, especially in a marriage, you can almost bet that neither one is serving God, their church attendance drops and the fights at home begin to increase.
 - a. Financial pressures mount.
 - b. The relationship becomes more strained and the enemy is left laughing, because both know what needs to be done deep down inside.

John 13:17 (NLT) You know these things—now do them! That is the path of blessing.

6. See, the path to being blessed is doing what you know you need to do, not waiting for the other person or situation to change first.
7. The problem is that stubbornness hinders people from making the first move because they feel that any others involved will think they are weak if they don't stand their ground.

Proverbs 29:18 Where there is no vision, the people perish: but he that keepeth the law, happy is he.

8. Happiness is not something that you pursue after, but rather obedience to God.
9. A lot of church folks say they are believers but living unhappy lifestyles.

Proverbs 29:18 (NLT) When people do not accept divine guidance, they run wild. But whoever obeys the law is happy.

10. When you're not doing what you know to do and living out your justifications, the enemy has access to blanket you with oppression.
11. When a Christian serves the Lord with all his heart, soul, and mind, he is happy.
12. See, when serving turns to selfishness, tithing turns into taking and attendance turn to absences, people become unhappy.
 - a. So they go and look to the world and worldly ways to fill a void that only God can fill.

Galatians 5:22-23 [22] But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, [23] Meekness, temperance: against such there is no law.

13. Happiness is a byproduct of the fruit of the Spirit...joy.
 - a. Inward joy may not always show up as happiness on the outside though.
 - b. But it can be seen as stability during difficult times.

- c. It is also evidenced as having peace in troubled / lean seasons.

Galatians 5:22-23 (NLT)

[22] But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, [23] gentleness, and self-control. Here there is no conflict with the law.

- 14. Happiness is the attitude a believer has when they lead a Spirit controlled life.
 - a. **When the Holy Spirit controls our lives** - who is in control of your life?
 - b. **He will produce this kind of fruit in us** - a spirit controlled person will produce fruit.
- 15. A person who does not allow the Spirit to be in control will have stress, worry, anxiety, fears and are constantly questioning the integrity of God's ability to come through.

Psalm 146:5 Happy is he that hath the God of Jacob for his help, whose hope is in the Lord his God:

- 16. Notice that it says the God of Jacob. Who was Jacob?

- a. Jacob was a liar, a hustler, a scam artist and a con.
- b. Meaning he wasn't exactly whom we would choose to be a godly example of.
- c. But God blessed him anyways despite his character flaws.
- d. That gives us hope.

Proverbs 3:13 Happy is the man that findeth wisdom, and the man that getteth understanding.

- 17. A lack of personal bible reading and application can rob you of any happiness.
- 18. In this verse, King David tells his son Solomon of a unique happiness the world cannot give.
- 19. Overwhelming happiness comes when you spend time with God, not your brain.
 - a. God's wisdom will help you overcome problems in your life.
 - b. Trying to solve the problem without the Word will only lead to more stress.

Proverbs 16:20 He that handleth a matter wisely shall find good: and whoso trusteth in the Lord, happy is he.

20. Supernatural revelation from God's Word on how to handle your problems will leave you happy, not frustrated.
- a. Revelation is heavenly wisdom into an earthly problem.
 - b. But you have to be willing to put God's Word to work in your life.

1 Kings 10:8 Happy are thy men, happy are these thy servants, which stand continually before thee, and that hear thy wisdom.

21. The queen of Sheba came to see Solomon's temple.
- a. She was overwhelmed at the excellence she saw in his servants, guards, cooks, and workers.
 - b. She not only complimented them on their dress and submission, but their happiness.
22. Doing a job with excellence brought happiness to the workers in Solomon's court.
- a. And the queen could see it on their faces and in their attitudes.

23. How about you and your job? How about your church?
- a. Is there a desire to accomplish your job / assignment with excellence?
 - b. If so, happiness will fill the building and visitors will notice.
24. So why pursue a life of obedience by living a spirit controlled life?

Hebrews 4:10 For he that is entered into his rest, he also hath ceased from his own works, as God did from his.

25. God has a designated place in your walk with Him where you will find rest.
26. Understand that God's idea of resting in our faith is not sitting in front of a television, eating nachos with our feet propped up.
- a. God's idea of rest involves us as still being busy.
 - b. Understand that you can work hard for the Lord and at the same time be at peace in your heart.
27. This God kind of rest means being free from worry, anxiety, stress and fear.
- a. God does not want us to wear ourselves out working for Him.

b. It is a relaxed enjoyment of each day as we work for the Lord.

28. God gave the example of resting. We are supposed to rest because we are finished with our work.

a. Mankind rests because we are tired from the work we haven't finished.

b. Imagine God sitting down in front of a tv eating chips.

29. Does God need to rest because He is tired? No, God is never tired even though His responsibilities never end.

a. God rested on the seventh day because all of the work of creation was complete.

Mark 4:35-38 (NLT) [35] As evening came, Jesus said to his disciples, "Let's cross to the other side of the lake." [36] He was already in the boat, so they started out, leaving the crowds behind (although other boats followed). [37] But soon a fierce storm arose. High waves began to break into the boat until it was nearly full of water. [38] Jesus was sleeping at the back of the boat with his head on a cushion.

Frantically they woke him up, shouting, "Teacher, don't you even care that we are going to drown?"

30. Jesus commanded the disciples to "go to the other side."

a. He then laid down and slept, even during a storm.

b. The disciples were worried and fearful.

c. They even blamed Him for not being concerned over their current situation.

Mark 4:39-40 (NLT) [39] When he woke up, he rebuked the wind and said to the water, "Quiet down!" Suddenly the wind stopped, and there was a great calm. [40] And he asked them, "Why are you so afraid? Do you still not have faith in me?"

31. Jesus rebuked the storm and then rebuked the disciples. The point is if Jesus could sleep through a storm, why couldn't they?

32. When you are facing a storm, if you will get into the Word and find a promise to stand on, you can fluff that verse up like a pillow and sleep on it during the worst storms of life and still be happy.

33. God's promises are designed to give us peace.
- a. Faith can only work with an attitude of peace.
 - b. Most people never check to see if they have peace over a matter.

Romans 14:19 Let us therefore follow after the things which make for peace, and things wherewith one may edify another.

34. This makes for a happy lifestyle.
35. Are you happy?
- a. Who is controlling your life?
36. Do you have peace or do you feel the pressure?
- a. Who does your obedience follow?
37. Are you happy or feeling harassed?
- a. Who are you submitted to?
38. What storm are you facing?
- a. What have you put your faith in?
39. Are those scriptures more real than the circumstances you're facing?
- a. If not, meditate on the scriptures for a day.

- b. Turn off the tv, computer or radio and let the Word of God remain in the forefront of your mind all day.
40. The first thing tomorrow morning, choose to rest on the promises of God.
- a. Choose to separate yourself from worry and concern.
 - b. Say yes to serving the Lord.
41. If God promised it, He will cause it to come to pass. This is the true rest of God. That is how you can be happy in life.

END